

Foundation Competencies

Fundamentals of podiatric sports medicine	<i>The pathophysiological processes relevant to podiatric practice</i>	<i>The origins and mechanisms of pain in the podiatric sports patient</i>	<i>Injury classification</i>	<i>Principles of injury prevention and management</i>			
Have an advanced podiatric understanding of biomechanics and sports injury	<i>Fundamentals of biomechanics</i>	<i>Biomechanical modelling of foot and lower limb function</i>	<i>Common anomalies of the foot and lower limb</i>	<i>Analysis of gait and movement patterns</i>	<i>Sport specific biomechanics</i>	<i>Design and function of footwear, orthoses, and aids and appliances</i>	<i>Technologies available for movement analysis</i>
Demonstrate an understanding of the medical intra-relationship of the athlete	<i>The different stages of life relative to the and sport</i>	<i>Considerations for the gender-specific athlete</i>	<i>The psychology of a sports patient</i>	<i>Pharmacology of a sports patient</i>	<i>General medical conditions affecting a sports patient</i>		
Apply evidence informed practice to Sports Podiatry	<i>Fundamentals of evidence based research</i>	<i>Search, retrieve and integrate scientific literature</i>	<i>Be aware of trending topical issues</i>				
Demonstrate professional practice	<i>Appropriate professional work environment</i>	<i>Ethical and legal requirements</i>	<i>Appropriate consent processes</i>	<i>Patient/client and practitioner safety</i>	<i>Participate in on-going professional development</i>	<i>Use all media in an appropriate and responsible way</i>	
Function within a professional network	<i>Understand different treatment paradigms employed by complimentary professions</i>	<i>Work within podiatric boundaries</i>	<i>Explain treatment versus prevention</i>	<i>Know when to refer and to whom</i>	<i>Make referrals through appropriate access pathways</i>		

Practical Competencies

Obtain a comprehensive patient history	<i>Specific sport and potential for mechanisms of injury</i>	<i>Structured, reproducible record of the patient's history</i>				
Examination techniques specific to the sports patient	<i>Examination techniques of the lower limb</i>	<i>Global examination techniques</i>	<i>Movement analysis</i>			
Investigative modalities relevant to the sports patient	<i>Indications and limitations of various technologies</i>	<i>Principles of investigation</i>				
Effectively diagnose the patient's condition	<i>Clinical rationale by selecting, analysing and interpreting relevant information</i>	<i>Podiatric sports pathology</i>	<i>Differential diagnoses in the podiatric sports patient</i>	<i>Create a management plan based on clinical diagnosis</i>		
Management relevant to podiatric practice	<i>Advanced orthotics, appliances, aids and braces in a therapeutic setting</i>	<i>Effective communication</i>	<i>Management of foot and lower limb sports injuries</i>	<i>Functional retraining and exercise prescription</i>	<i>Provide systems to ensure optimal long-term outcomes</i>	<i>Know appropriate funding pathways for the athlete</i>